

COVID-19 and Diabetes Information



Taking care of you

We at Ascensia are committed to help our patients with diabetes and suggest to use the resources below, as they are updating their pages regularly and are great sources of helpful information for people with diabetes.



Influence of stress

At times of stress, blood sugar levels tend to go up.
Here you can [LEARN MORE*](#) (>youtube video)



The importance of blood glucose testing

Regular monitoring can help avoid complications caused by high or low blood glucose. Pay extra attention to your glucose control.
Here you can [LEARN MORE*](#)



Showing flu like symptoms?

If you do show flu-like symptoms (such as temperature, cough, difficulty breathing), it is important to consult a healthcare professional.
Here you can [LEARN MORE*](#)



Sick day tips for people with diabetes

Keep hydrated, Monitor your temperature, Monitor your blood glucose.
Here you can [LEARN MORE*](#)



Follow the overall guidance from your health authorities

Always refer to the latest guidance of your local health authorities or diabetes associations. [LEARN MORE*](#)



Where to get CONTOUR BGMS supplies

If you have any questions concerning diabetes supplies, please get in touch [with us](#) or check our partner suppliers [Dis-Chem](#) and [Clicks](#).

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